

## Private Health Information Statement - General treatment policy

### Budget Extras

#### Navy Health Ltd

<https://navyhealth.com.au/why-navy-health/>  
[query@navyhealth.com.au](mailto:query@navyhealth.com.au)  
 1300 306 289

#### Monthly Premium

**\$35.30 #**

(before any rebate or insurer discount)

Covers only one person  
 Available in NSW & ACT

# You may be entitled to an Australian Government rebate on the above premium. Your premium may also include an insurer discount. Check with your insurer for details.

Membership of this insurer is restricted to Cover for the ADF community - serving, ex-serving ADF, employees of contractors to ADF and families.

### General Treatment Cover

This health insurer does not operate a preferred provider scheme.

This policy **✓ includes** General treatment (Extras) cover for

Treatment	Waiting period (months)	Benefit limits (per 12 months unless otherwise stated)	Examples of maximum benefits
General dental	2	\$500 per policy (combined limit for general dental & major dental)	Periodic oral examination - \$28.00 Scale & clean - \$50.00 Fluoride treatment - \$15.60
Major dental	12		Surgical tooth extraction - \$102.00
Optical	6	\$170 per policy	Single vision lenses & frames - 100% of charge Multi-focal lenses & frames - 100% of charge
Non PBS pharmaceuticals	2	\$200 per policy	Per eligible prescription - \$50.00
Physiotherapy	2	\$300 per policy	Initial visit - \$37.00 Subsequent visit - \$27.00
Chiropractic	2	\$300 per policy (combined limit for chiropractic, osteopathy & other services)	Initial visit - \$30.00 Subsequent visit - \$22.00
Acupuncture	2	\$200 per policy (combined limit for acupuncture, remedial massage, chinese medicine & exercise physiology)	Initial visit - \$18.00 Subsequent visit - \$18.00
Remedial massage	2		Initial visit - \$18.00 Subsequent visit - \$18.00
Chinese medicine	2		Initial visit - \$18.00 Subsequent visit - \$18.00
Exercise physiology	2		Initial visit - \$18.00 Subsequent visit - \$18.00
Osteopathy	2	Combined limit - see Chiropractic	Initial visit - \$30.00 Subsequent visit - \$22.00

Members can access special offers from any of Navy Health's preferred optical providers: OPSM, Laubman & Pank, Specsavers, Teachers Eye Care, Eyebenefit and Q Optical Network (QON). General treatment benefit year runs from 1 July to 30 June.

This policy **✗ does not include** General treatment (Extras) cover for

✗ Blood glucose monitors	✗ Orthodontic	✗ Other treatments - check with your insurer
✗ Endodontic	✗ Podiatry	

### Other features of this general treatment cover

Telehealth services available for Physiotherapy.

For further information about this policy see

<https://navyhealth.com.au/budget-extras-cover>

## Ambulance cover

In NSW & ACT this policy provides:

**Emergency:** Unlimited with a waiting period of 2 months.

**Non-emergency:** Unlimited transport with a waiting period of 2 months, or 2 months for pre-existing conditions.

**Call-out fees:** will be paid for each attendance, including emergency treatment without transport to hospital.

### Other features of this ambulance cover

We cover 100% of the cost of ambulance services within Australia, provided it is provided by a state based run Ambulance service, by either air/sea or land. We do not provide benefits for privately run patient transport services.

For further information about this policy see

<https://navyhealth.com.au/budget-extras-cover>

### Disclaimer

The information contained in this Private Health Information Statement was provided by the insurer and is intended as general information. It may not take into account your particular circumstances. For information please contact the insurer.